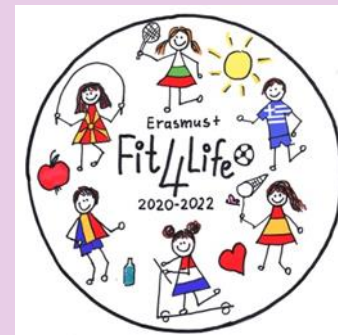


# **FIT4LIFE Health Survey Results**

**Croatia**

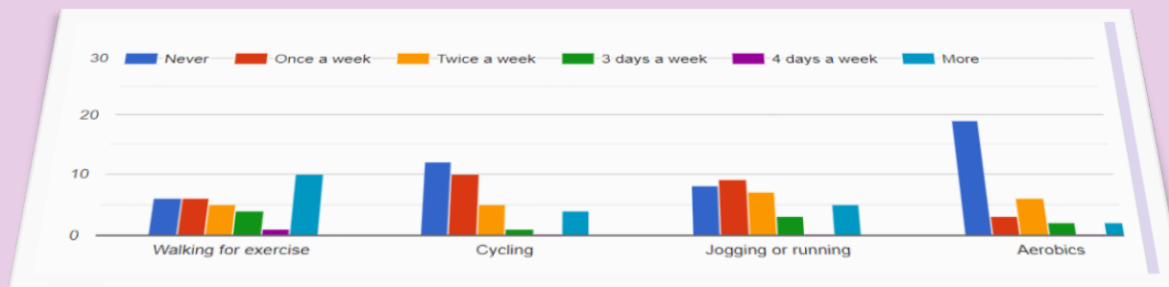
**( 32 pupils, November, 2020 )**

**FIT4LIFE Erasmus+ Project  
2020-2022**

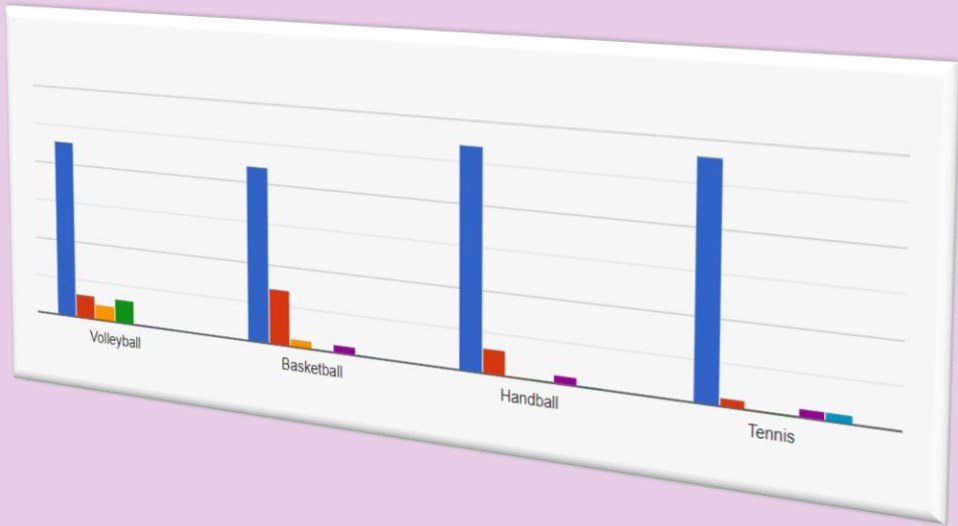
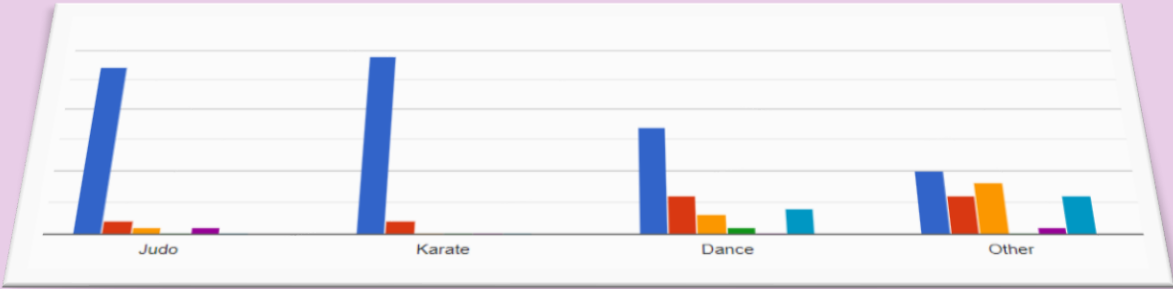


# SECTION 1: PHYSICAL ACTIVITY

1.-Do you do any of these physical activities?

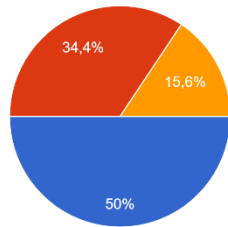


■ Never  
 ■ Once a week  
 ■ Twice a week  
 ■ 3 days a week  
 ■ 4 days a week  
 ■ More



## 2. How much do you like your PE classes at school?

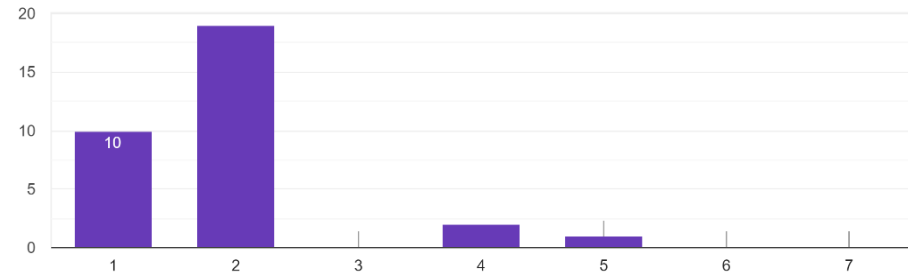
32 odgovora



- I like PE a lot
- I like PE a little bit
- I don't like PE very much
- I don't like PE at all

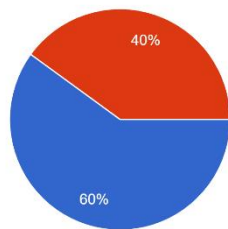
## 3. How many hours of sport do you have in school per week?

32 odgovora



## 4. Is this enough?

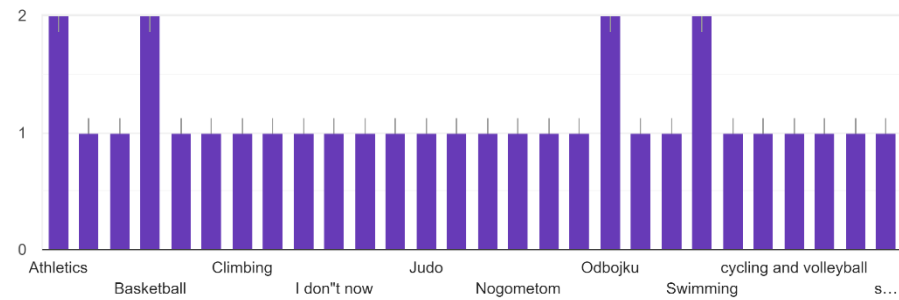
30 odgovora



- YES
- NO

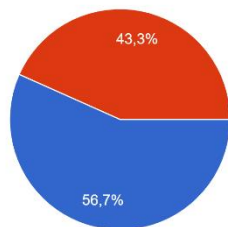
## 5. Which sport would you like to try?

32 odgovora



6. Is there a sports center near your home?

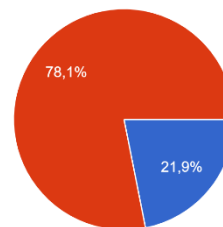
30 odgovora



● YES  
● NO

7. Playing sports or computer games? Which do you prefer?

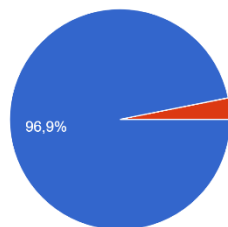
32 odgovora



● Computer games  
● Sports

8. Do you prefer playing or watching sports?

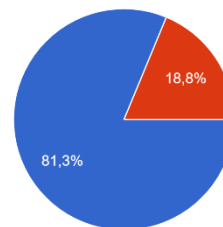
32 odgovora



● Playing sports  
● Watching sports

9. Have you ever won an award or a medal in a sports competition?

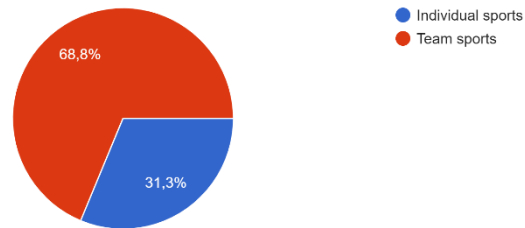
32 odgovora



● Yes  
● No

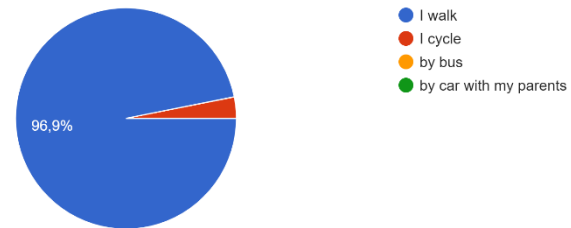
10. Do you prefer individual or team sports?

32 odgovora



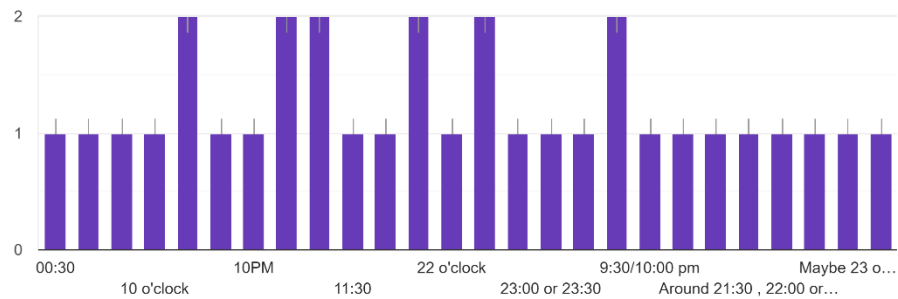
11. How do you usually go to school?

32 odgovora



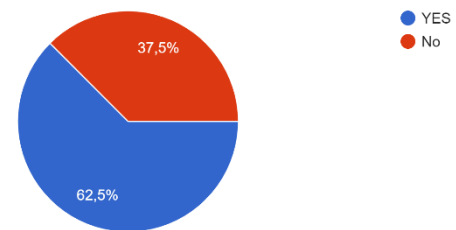
12. What time do you usually go to bed when there's school the next day?

32 odgovora



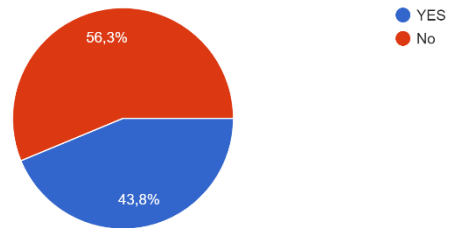
13. Do you stay late when there's no school the next day?

32 odgovora



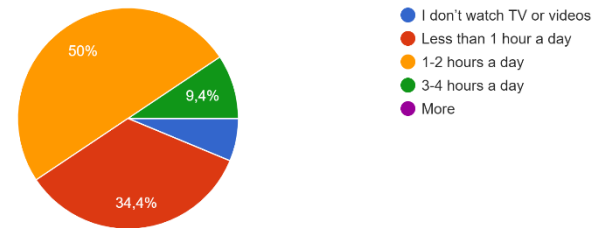
14. Do you make your bed every morning?

32 odgovora



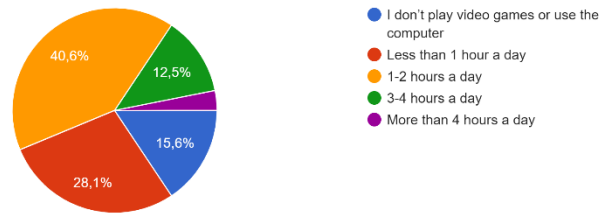
15. How many hours per day do you usually spend watching TV shows or videos?

32 odgovora



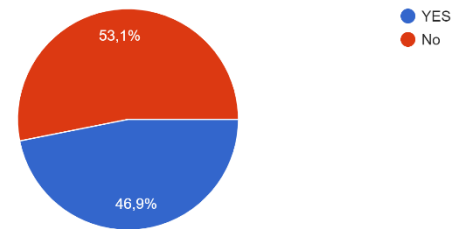
16. How many hours per day do you usually play video games or use the computer to surf the Internet?

32 odgovora



17. Do your parents have rules about how much time you can watch TV?

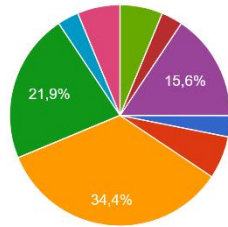
32 odgovora



# SECTION 2: NUTRITION

1. Did you eat .....yesterday? Select what is right for you.

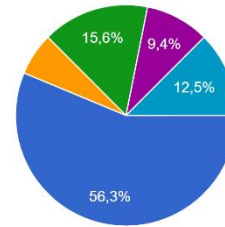
32 odgovora



- fried potatoes
  - salad
  - vegetables
  - fruit
  - hot dog
  - hamburger
  - pizza
  - candy of any kind
- ▲ 1/2 ▼

2. What is your favourite drink?

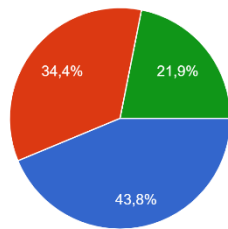
32 odgovora



- water
- coke
- lemonade
- juice
- milk
- other

3. How often do you eat fish per week?

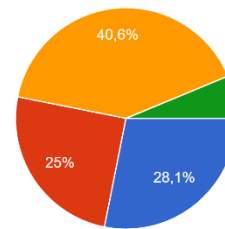
32 odgovora



- once a week
- twice a week
- more
- rarely

4. How often do you eat sweets?

32 odgovora

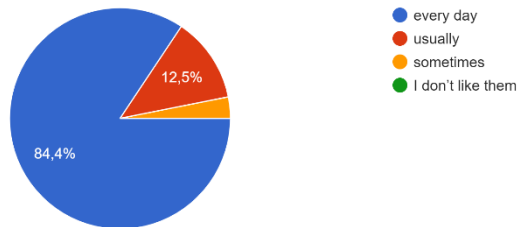


- every day
- usually
- sometimes
- I don't like them



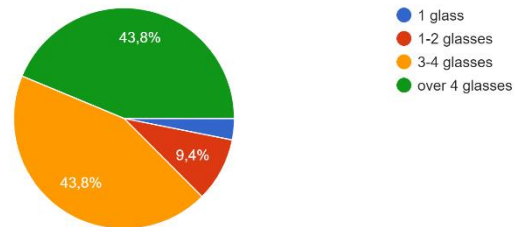
5. How often do you eat vegetables and fruit?

32 odgovora



6. How many glasses of water do you drink per day?

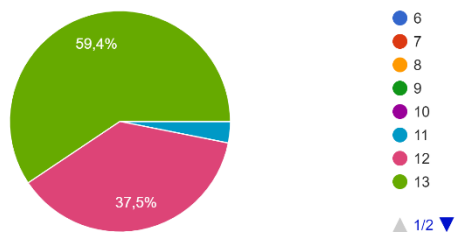
32 odgovora



## SECTION 3: ABOUT YOU

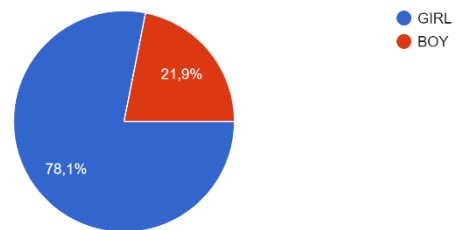
How old are you? (Ce vârstă ai?)

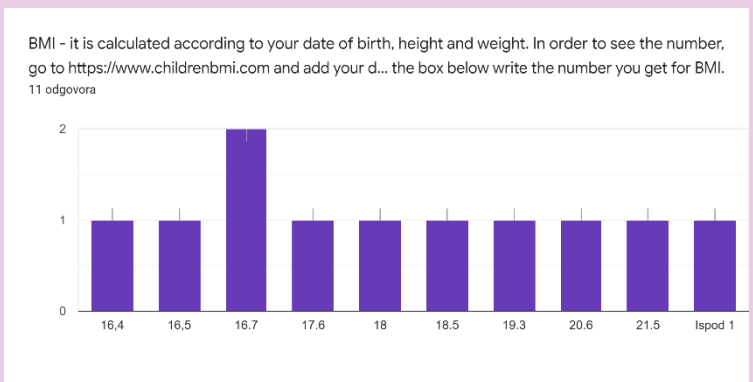
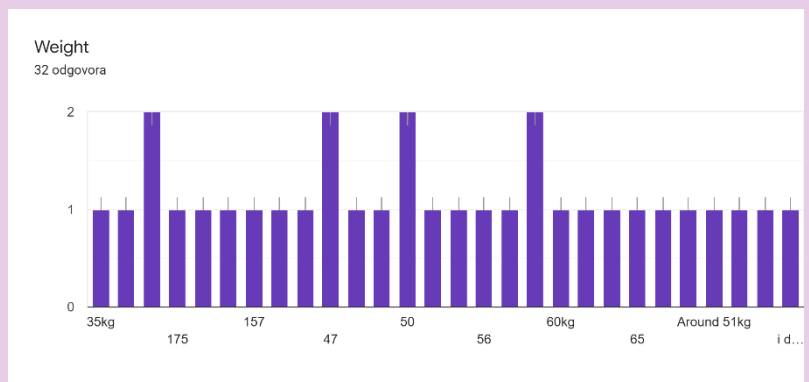
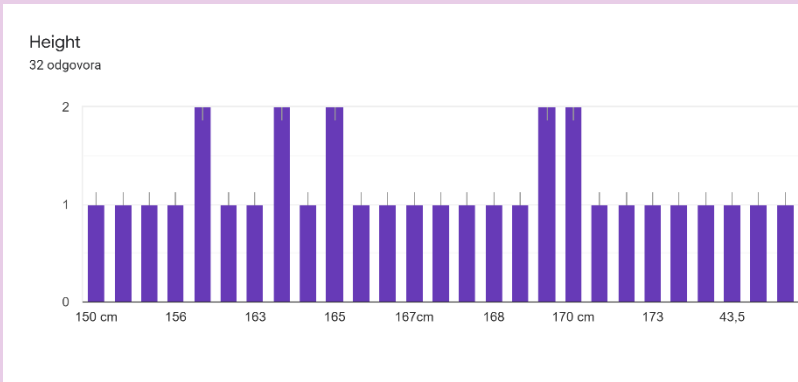
32 odgovora



Are you a boy or a girl?

32 odgovora





1. What three words describe you best?

32 odgovora

Honest, friendly and kind

Funny, kind, loyal

I don't know

Creative, Daydreamer, Caring

I think good friend, always ready to help and friendly

outgoing, lazy, loud

Sometimes lazy, shy, impatient

grat

Sporty, good friend, funny

good friend, honest

Zaigran, dobar, nizak

good, friendly and kind

Music, advices, introvert

Odgovorna dobra pažljiva

Sportist

Funny, Dive and tall

isus krist spasitelj

Weird...

Creative, kind, loyal

Clumsy, imaginative and social.

Sporty, funny and honest

Iskren, povjerljiv i razigran.

Funny

Sporty, fanny, playful

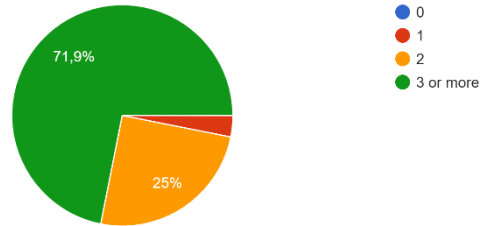
Creative, lazy, funny

Timid, lazy, good

Cheerful, positive and honest

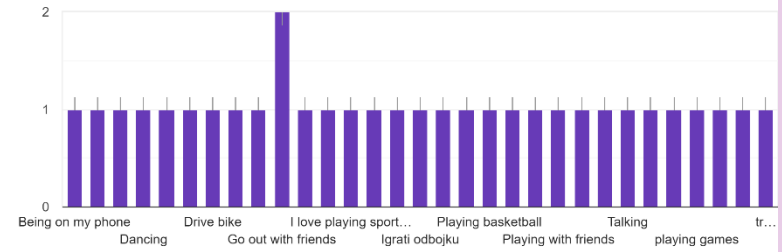
## 2. How many close friends do you have?

32 odgovora



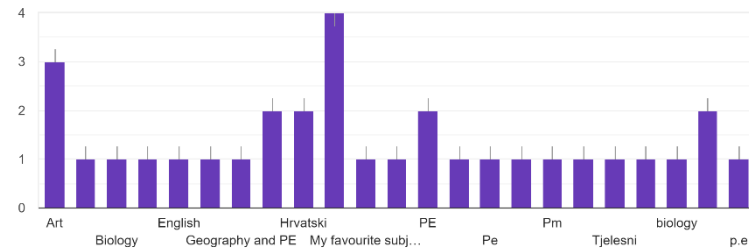
## 3. What do you love doing the most?

32 odgovora



## 4. What is your favourite subject at school?

32 odgovora



I want to be musician or artist.

Taekwondo coach or taekwondo champion.

Nogometaš

Photographer

Movie director

I want to be a chef,photographer,artist and musician

Kindergarten teacher

I don't w

Designer

arhitett

dermatologica

Archaeologist

teacher and dancer

Happy

Fizioterapeut

Military

Teacher or youtuber

5. What do you want to be in the future?  
32 odgovora

A tennis player or a lawyer

Scientist

Mecanick

Programer

I don't know

i don't know

professor of fine arts

doctor

Hairdresser